15th Annual
2019 Caregiver Conference

Navigating to the F.U.T.U.R.E

Thursday May 30, 2019 to Saturday June 1, 2019

Crowne Plaza Hotel Independence
5300 Rockside Road
Independence, OH 44131
A WELCOME FROM THE DIRECTOR

Welcome to the 2019 Cuyahoga County Caregiver’s Conference. We are so glad to have you as part of our team, helping ensure the safety, permanency, and well-being of children and teens in Cuyahoga County. We could not do this work without you.

The theme of this year’s conference is Navigating to the F.U.T.U.R.E. – Family, Unity, Trust, Understanding, Respect, Empowerment. It is so fitting that the first word of that theme is family, because family is at the core of our work together.

• Family – Family isn’t just blood, it’s the people who are in your life for the good and the bad. When you call for help, and even when you think you don’t need them they’re right there. They encourage you and tell you what you need to hear, even if it isn’t what you want to hear. They are family for life.

• Unity – Unity doesn’t mean we always have to agree and walk the same path, but that we are united in our mission and your passion to do what’s best for children.

• Trust – Working together takes trust. Trust that our motives are pure. Trust that each of us is doing our very best. Trust that we will stay true to our word. Trust that we are always working in the best interest of children.

• Understanding – Understanding requires that we listen to understand each other’s point of view, challenges, and struggles. Understand requires that we don’t make assumptions about each other and that we share thoughts and ideas, so we can solve problems in collaboration with each other, not in conflict.

• Respect – Respect means recognizing the role each of us plays in a child’s life, respecting each other’s limitations and boundaries, and appreciating the passion we all have to advocate for kids.

• Empowerment – Empowerment is what we all want for our kids. The power to speak their truth, to tell us what they need from us, to reach for their dreams and become the best version of themselves they can be.

If we work together, using all these tools, we can pave a road to a better future for our children.

Thank you for all you do.

Sincerely,
Cynthia Weiskittel, Director
Division of Children and Family Services
PLENARY SESSION

DR. MOORE

Dr. Martina Moore, Ph.D., MCMS, Inc. President & CEO

Dr. Martina Moore has been providing professional trainings and development services to others for over 20 years. Dr. Moore holds a Ph.D. in counseling, education, and supervision. She is also the President and CEO of Moore Counseling & Mediation Services, Inc. (MCMS).

MCMS has seven outpatient alcohol and drug treatment centers throughout northeastern Ohio and Florida. Moore Counseling & Mediation Services, Inc. is also an employee assistance provider (EAP) for many local and national organizations, including Cuyahoga County. Dr. Moore, her team and Cleveland Municipal Court Judge Marilyn Cassidy started the first Human Trafficking court in northeastern Ohio. This program has successfully touched the lives of over hundreds of human trafficking victims. Dr. Moore and MCMS is dedicated to helping families. MCMS is also the provider for four City of Cleveland specialized dockets including drug court, mental health court, veterans court and human trafficking.

Dr. Moore is a professor at John Carroll University and an instructor at The Gestalt Institute of Cleveland. She is on the board of directors for Serving and Learning Together (SALT), a non-profit organization where she works on philanthropic activities to provide services such as building dispensaries, schools, and libraries in under developed countries. In 2015, Dr. Moore traveled to Tanzania, Africa to assist with developing a medical dispensary. In August of 2017 and 2018, Dr. Moore traveled to Ho Chi Minh City, Vietnam where she taught students and psychology professionals about treatment methods for the substance use disorder population.

In 2015, Dr. Moore received the Progressive Female Entrepreneur award from Smart Business Magazine. In 2016, she received the Community Service Pillar Award from Medical Mutual of Ohio. She was recognized as the 2017 Business Person of the Year by the Euclid Chamber of Commerce. In addition, Dr. Moore is featured in the Women for Economic Leadership Development 2019 WELDing the Way calendar, which highlights

LUNCHEON ADDRESS

CARLA CARPENTER

Carla K. Carpenter, Deputy Director, Office of Families & Children

As Deputy Director of the Office of Families and Children (OFC) at the Ohio Department of Job and Family Services, Ms. Carpenter serves as the State Child Welfare Director for Ohio. OFC is responsible for oversight of child abuse prevention, protective services, foster care, and adoption services as well as adult protection services across the state. Since joining the Department in 2010 as Statewide Differential Response Manager and then serving as Bureau Chief of Systems and Practice Advancement, Ms. Carpenter has focused on working in collaboration with system partners to implement innovative programming and improve outcomes.

Prior to coming to the Department, Ms. Carpenter served as Associate Director of the National Center for Adoption Law & Policy (now the Family &Youth Law Center) at Capital University Law School. She also brings broad experience working in a variety of direct services settings with families and children. She has a bachelor’s degree in social work from Capital University in Columbus and a master’s degree in social work from Columbia University in New York.
CONFERENCE SCHEDULE AT A GLANCE

Thursday, May 30, 2019

7:30am  Morning Registration Opens

Edwin Lebron, Emeritus

8:30 am - 8:40am  Nefertiti McKinney, Caregiver Training Conference Committee Chairperson

Welcome Attendees
(All Thursday morning attendees will attend this session.)

Armond Budish
Cuyahoga County Executive

8:40am - 8:50am
(All Thursday morning attendees will attend this session.)

8:50am - 9:00am  Edwin Lebron, Caregiver Training Conference Emeritus
Introduction of Keynote Speaker

KEYNOTE ADDRESS:

9:00am - 10:30am  Dr. Martina Moore, Ph.D.,
President and CEO Moore Counseling & Mediation Services

(All Thursday morning attendees will attend this session.)

10:30am - 10:45am  Break

10:45am - 11:45pm  PANEL DISCUSSION:
Amanda Davis

12:00pm - 1:30pm  Lunch

LUNCHEON ADDRESS:

12:15pm—12:30pm  Carla Carpenter,
Deputy Director, Office of Families & Children

(All Thursday morning attendees will attend this session.)

1:00 pm –1:30pm  Afternoon Breakout Sessions Registration Opens

1:30pm - 4:30pm  Afternoon Breakout Sessions

4:30pm - 6:00pm  Break

6:00pm - 9:00pm  Evening Breakout Sessions
CONFERENCE SCHEDULE AT A GLANCE

Friday, May 31, 2019

7:30am  Morning Registration Opens

9:00am - 12:00pm or 9am—4pm  Morning or All Day Breakout Sessions

12:00pm - 1:00pm  Lunch

12:15pm—12:30pm  LUNCHEON ADDRESS:

Cynthia Weiskittel
Director, Cuyahoga County Division of Children and Family Services

1:00 pm –1:30pm  Afternoon Breakout Sessions Registration Opens

1:30pm - 4:30pm  Afternoon Breakout Sessions

4:00pm - 6:00pm  Break

5:30pm– 6:00pm  Evening Breakout Sessions Registration Opens

6:00pm - 9:00pm  Evening Breakout Sessions

Saturday, June 1, 2019

7:30am  Morning Registration Opens

9:00am - 12:00pm or 9:00am - 4:00pm  Morning or All Day Breakout Sessions

12:00pm - 1:00pm  Lunch

12:30pm– 1:00pm  Afternoon Breakout Sessions Registration Opens

1:00pm - 4:00pm  Afternoon Breakout Sessions
About CCDCFS and NCORTC

Agency Mission
The purpose of the Cuyahoga County Division of Children and Family Services (CCDCFS) is to assure that children at risk of abuse or neglect are protected and nurtured within a family and with the support of the community.

Our vision of our children's future includes the following:

♦ Every child will be a member of a nurturing and capable family to ensure: physical and emotional safety; intellectual stimulation and well-being; preservation of cultural identity; and moral, ethical and spiritual development.

♦ Families will have all the necessary resources and use them to give every family member the opportunity to learn, grow, explore and venture into any area they desire without prejudice.

♦ Every family member will have the right to participate in case decisions.

♦ Every family will be a member of a true community.

♦ The community and its leaders will have a strong sense of the importance and value of children as members of families.

♦ All in the community will share with the family the responsibility and do their part in assuring the protection and well-being of children.

♦ The community will make the needs of children and families its number one priority by anticipating problems, identifying solutions and providing resources for ongoing support of nurturing capable families.

North Central Ohio Regional Training Center Mission
The North Central Ohio Regional Training Center (NCORTC) is committed to providing high quality culturally-responsive, family-centered, job--related training for child welfare staff and foster parents in Cuyahoga County.
To Help A Smooth Flow of Activity

All CCDCFS participants will receive a confirmation for each session via the E-Track system upon completion of their registration process. Private/Network agency participants will receive confirmation from their respective agency. Participants should not register for more than one class during the same time session.

We request that you “sign-in” at the beginning of each workshop. Sign-in sheets will only be available during the first 5 minutes of each workshop.

To receive training credit, participants must be present for the entire workshop. Partial credit will not be given. E-Track attendees must complete an electronic evaluation for each session attended within 8 days after the class is held. E-Track attendees will receive an electronic copy.

If a participant is 15 minutes or more late following the start of a workshop, after break, or after lunch, they will not receive training credit. However, the participant will be welcome to sit in on the remainder of the workshop.

We request that participants attend only those workshops for which they are registered and have been confirmed. Workshop facilitators will be provided with a list of those participants who have formally registered. Changes to any schedules must be made at the registration desk prior to the start of the workshop.

The fewer distractions there are for all participants, the more each participant will benefit from the training. Please refrain from bringing cells phones into class or set cell phones to the “off” position. If a participant must conduct business while attending a workshop, please limit phone calls to scheduled break times.

If there are any questions or a need for additional information, please contact Nefertiti McKinney at 218-881-4048.
ABOUT THE PRESENTERS

**Ann Bagley** has worked in children’s services since 1975. She has worked primarily in placement services including residential treatment, therapeutic and family foster care, and adoption. She is an experienced trainer, group facilitator and has a solid knowledge base in a variety of child welfare content areas.

**Shelly Bell** received her Bachelor of Arts in Psychology from the Ohio State University in 2000. Ms. Bell began working with families and children, including youth in care, beginning in 1999. Currently she is the Family Systems Advocacy/Linking Systems Project Coordinator for the Ohio Domestic Violence Network, providing support around the intersection of domestic violence and child welfare, as well as technical assistance in a new project linking child and youth victims of crime to trauma-informed services. Shelly’s background also includes administration of domestic violence training, education and advocacy as the Domestic Violence Program Coordinator at the Ohio Reformatory for Women in Marysville, Ohio, through Choices for Victims of Domestic Violence.

**Brian Bethel, Brian Bethel, MEd, PCC-S, LCDC III, RPT-S** is a Professional Clinical Counselor-Supervisor (PCC-S), a Licensed Chemical Dependency Counselor (LCDC III), and a Registered Play Therapist-Supervisor (RPT-S) with specialized training in counseling children, adolescents, and families. He earned a dual Master’s degree in Clinical Counseling and Rehabilitation Counseling from Ohio University and is currently completing doctoral studies in Counselor Education and Supervision. With over twenty years of experience, Mr. Bethel brings a diversity of clinical strengths to his counseling practice. He has dedicated much of his professional career to working with individuals impacted by trauma.

**Angela Buckalew**, spent over 17 years in Ohio’s foster care system prior to being adopted by her foster parents. At the age of 21 she became a licensed treatment home and fostered youth ages 12-17. Now a trainer for the OCWTP, Angela offers a unique perspective on adoption and the foster care system. Angela holds a degree in Occupational Therapy as a COTA/L from Brown Mackie, NKY and is also a Certified Environmental Access Consultant (CEAC) assisting the disabled and aging population with home/environmental modifications.

**Jamole Callahan** is an international trainer and motivational speaker, a consultant 1/3 of The Daily JAM. Jamole, spent six years in foster care where he experienced multiple moves before he emancipated at age 18. Jamole works closely with legislators in Washington D.C. to help shape policy to better serve our youth in care. He also sits on various Boards that promotes better outcomes for current and former foster and adoptive youth. Jamole has a vision for empowering resource parents, caseworkers, and foster care youth and alumni to succeed.
**ABOUT THE PRESENTERS**

**Amanda Davis**, LSW was adopted at age 13, after spending four years in the foster care system. She granted from The Ohio State University with a social work degree and has spent the last 12 years combining her professional and personal experience to improve the child welfare system. She advocates locally and nationally on a variety of issues, including creating curriculum for the Bridges program. She also works for the Ohio Child Welfare Training Program.

**Kevin D. Hofmann** is an accomplished writer and public speaker who has a passion for adoption and especially transracial adoption and enjoys sharing his experiences as a biracial transracial adoptee to help other adoptive families. Appearing all over the United States speaking to parents and professionals his perspective and light-hearted yet contemplative view is sought after by many. Kevin has been interviewed NPR and Nightline ABC and is quickly becoming a trusted voice in the adoption arena.

**Dorothea Erickson-Anderson** is retired from 35 years as a primary caregiver within her home. During that time, she served as a kinship parent for 2 teenage cousins, adopted a daughter from foster care, gave birth to 2 children, assisted with the birth of a number of babies in care, transitioned over 240 youth in care back home, on to other community services or into independence and was a primary care giver for her elderly/bedfast father for 5 years. She has served as a foster parent in Virginia, Washington DC and Ohio and with both the public and private child welfare and juvenile justice foster care systems. During her active child welfare work years, Dot served as an administrator for several foster care agencies including two that she helped to create in Columbus, Ohio. She served as the Director of the Family Care Association. Her last work experience was 6 years as an Administrator and Fiscal Director with the Compassionate Communication Center of Ohio. She completed her child welfare work as a training coordinator and now serves on the Ohio Family Care Association Board of Trustees. Dot came to her service in foster care and adoption from her training and experience being a Youth Associate and Christian Educator in the church. She attended college in Kansas, where she grew up, majored in sociology & psychology and graduate studies in social psychology. In addition, she holds a graduate degree in Christian Education from the United Theological Seminary in Dayton, OH.

**Seanine Cook**, M.Ed. received her Bachelor of Science in Psychology degree from Cleveland State University in 1991 and Master's Degree in Education from Cleveland State University in 1997. Ms. Cook has worked at the Cuyahoga County Department of Children and Family Services since 1984. She began there as an ongoing caseworker and has served as the College Bound Coordinator and Youth Coordinator. Ms. Cook is presently the Emancipation Social Worker where she assists youth transitioning from the foster care system and those aged out with life skills training, application, and accessing resources.
Kim Langley received her Master of Education from Duquesne University in Pittsburgh in 1983 and a Bachelor of Arts in English from the University of Pittsburgh. Kim was an Northeast Ohio Regional Training Center's Trainer of the Year in 2009. Before Kim became a trainer, she spent 7 years managing both staff and volunteers. Her areas of expertise include training and coaching in Emotional Intelligence competencies for increased personal and professional growth. She raised a “learning different” son which has contributed to her understanding of special needs.

Viola Larkin, LSW, received her Bachelor of Science in Social Work from the University of Cincinnati in 1977 and is a Licensed Social Worker. Viola began her career in the Hamilton County Department of Job and Family Services in 1975 where she was employed as an investigative and ongoing case worker. During her tenure with the agency, she also served as an Ongoing, Foster Care and Adoption Supervisor, recruitment Manager for Adoption and Foster care and Children Services Training Supervisor. She has experience developing curricula for foster caregivers and adoptive parents and child welfare staff and serves as a coach for individual staff and agencies throughout Ohio.

Virginia Lester, LSW, specializes in Developmental Trauma and Reactive Attachment disorders at Adoption and Attachment Therapy Partners (AATP). She utilizes trauma-based interventions in her practice including neurofeedback training, individual and family therapy. She is a Certified Infant Massage Therapist and uses the technique to enhance communication and bonding. As a facilitator of Parenting the Love and Logic Way, she has trained foster parents and social workers for 20 years and encourages use of this method in her practice. Before joining AATP, Virginia was a therapist at Beech Brook for ten years where she served children in foster, adoptive and biological families. She also spent several years working for Bellefaire JCB as an out-patient activities coordinator. Virginia obtained her Master of Arts in Psychology from Cleveland State University in 1994.

Karla D. McDay, MSW-LISW-S, is a Licensed Independent Social Worker with extensive expertise in areas related to transition age youth. In her former positions with The Children’s Home of Cincinnati and Summit County Children Services she managed two Transitional Housing programs, supervised the Independent Living Program, spearheaded the Summit County Youth Emancipation Task Force and developed the Purple Umbrella Project. Ms. McDay is the Executive Director of Harmony House a nonprofit organization dedicated to addressing the housing needs of at risk youth. She works as a full-time Psychotherapist for Minority Behavioral Health Group and as a trainer for the Institute for Human Services. Ms. McDay is a tireless advocate for disadvantaged youth who possesses the knowledge, skill and activism necessary to empower individuals and effectuate change.

Beth Philley, M.A., is a graduate of Kent State University and Antioch College. She owns her own business where she provides training on a wide variety of topics in child welfare and business and written books on adult learning, holistic health care, and defense mechanisms. She is an approved trainer in the Ohio Child Welfare Training Program. She has been a foster and adoptive parent in Ohio since 1995 fostering over 30 children while adopting three special needs boys.
Karen Vadino, MSW, LPCC, OCPSII, received her Bachelor of Arts in Sociology from Youngstown State University in 1976 and her Master of Social Work from the University of Pittsburgh in 1984. Karen’s professional experience includes the human services field at children’s services agencies in two counties, substance abuse treatment programs and a children’s psychiatric hospital. Currently, she is a motivational speaker and trainer. She has trained hundreds of supervisors, caseworkers and foster parents since becoming a trainer in the early 1980s.

Dr. A. Eugene Smiley, D.Min., L.S.W., P.C.C. is a Professional Clinical Counselor (PCC), Licensed Social Worker (LSW), certified Adoption Assessor, and an approved trainer with the Ohio Child Welfare Training Program (OCWTP). He has extensive experience working with children and their families. His doctoral program focused on attachment and loss issues, and how mean-ingful attachments promote wellness and an improved quality of life. He provides family assessments, custody evaluations, and attachment assessments.

Kathleen Terry, L.I.S.W., is a licensed independent social worker in Ohio and has 21 years of child welfare experience. Katie has been training with the Ohio Child Welfare Training Program and with other public agencies for the past 15 years. She is currently pursuing her doctorate in social work, and is an adjunct teacher at Youngstown State University. Katie specializes in children and teenagers with autism spectrum disorders, child mental health issues, and attachment issues. Katie is also an adoption assessor in Ohio.

Stacy Simera is a master’s level independently licensed social worker with supervisory designation (LISW-S). Stacy provides therapy to children, adolescents, and adults who are facing depression, anxiety, post-traumatic stress, relationship issues, and life event adjustments and has provided counseling to children in foster care. Stacy also teaches at the college level, facilitates a mood management group for a multiple sclerosis clinic, serves as Chair of the Sleep committee for the Ohio Adolescent Health Partnership, serves as Communications Director for the national non-profit Start School Later, and serves on the Board of Directors for the Ohio chapter of the National Association of Social Workers.

John Ward, LCDC III, CTS, currently holds a Master’s Degree in Counseling from Logos University and Bachelor’s Degree in Theology from Christian Life School of Theology and specializes in the area of Reactive Attachment Disorder, ADD and trauma related issues. He received the Rising Star Award for the Ohio Child Welfare Training Program in 2009, and the NEORTC 2015 Trainer of the Year award. He is a master trainer for the Center for Adoption and Education. He has worked in the field of child welfare for over 20 years.

Karen Vadino, MSW, LPCC, OCPSII, received her Bachelor of Arts in Sociology from Youngstown State University in 1976 and her Master of Social Work from the University of Pittsburgh in 1984. Karen’s professional experience includes the human services field at children’s services agencies in two counties, substance abuse treatment programs and a children’s psychiatric hospital. Currently, she is a motivational speaker and trainer. She has trained hundreds of supervisors, caseworkers and foster parents since becoming a trainer in the early 1980s.
David Zidar an independent trainer and therapist, has been working in child welfare since 1982 in a variety of capacities, including as a frontline child and youth care professional, administrator, trainer, and therapist. He is the 1992 recipient of the Timothy E. Kuster Memorial Award for Excellence in Child Care recognizing him as one of Ohio’s top frontline child and youth care professionals. Dave Zidar has a Bachelor of Social Work degree from Capital University, an MSSA from Case Western Reserve University, and a certification in Juvenile Sex Offender Treatment from the University of Louisville. He is the recipient of the 2009 Linda Pope Award as the OCWTP trainer.
# 2019 Fifteenth Annual North Central Ohio RTC Caregiver Training Conference

## NAVIGATING TO THE F.U.T.U.R.E
Crowne Plaza Cleveland South
5300 Rockside Road, Independence, OH 44131

### Thursday, May 30, 2019

**Morning Plenary Session**

<table>
<thead>
<tr>
<th>CLASS</th>
<th>TITLE</th>
<th>INSTRUCTOR</th>
<th>E-TRACK ID #:</th>
<th>LIMIT</th>
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</table>
| 1     | NEW (Joint)  
All Thursday morning participants must register for this Plenary Session  
(This session will be videotaped. Please see page 14 for more information.) | DR MOORE | PLEASE CALL FOR REGISTRATION | 175 |

**Afternoon Session (Select One)**

<table>
<thead>
<tr>
<th>CLASS</th>
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<th>LIMIT</th>
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<tbody>
<tr>
<td>2</td>
<td>GAP: NORMALCY FROM A PERSONAL PERSPECTIVE</td>
<td>A. DAVIS</td>
<td>941-52-GAP</td>
<td>30</td>
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<tr>
<td>3</td>
<td>FAMILY SEARCH AND ENGAGEMENT: WHAT EVERY FOSTER PARENT SHOULD KNOW</td>
<td>K. TERRY</td>
<td>949-56</td>
<td>30</td>
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<tr>
<td>4</td>
<td>FAMILY FIRST PREVENTION SERVICE ACT (FFPSA): WHAT IT MEANS FOR OHIO FAMILIES AND WHY YOU SHOULD CARE</td>
<td>D. ERICKSON-ANDERSON</td>
<td>PLEASE CALL FOR REGISTRATION</td>
<td>30</td>
</tr>
<tr>
<td>5</td>
<td>THE BROKEN BOND: AN OVERVIEW OF ATTACHMENT ISSUES</td>
<td>B. BETHEL</td>
<td>924-13</td>
<td>30</td>
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<tr>
<td>6</td>
<td>UNDERSTANDING AND MANAGING THE STRESS OF CAREGIVING</td>
<td>K. VADINO</td>
<td>989-65</td>
<td>30</td>
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**Evening Session (Select One)**

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<tbody>
<tr>
<td>7</td>
<td>CRISES INTERVENTION FOR CHILDREN AND ADOLESCENTS</td>
<td>K. MCDAY</td>
<td>925-141</td>
<td>30</td>
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<tr>
<td>8</td>
<td>CHILDHOOD DEPRESSIVE DISORDERS: SEARCHING FOR HAPPILY EVER AFTER</td>
<td>B. BETHEL</td>
<td>995-83</td>
<td>30</td>
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<tr>
<td>9</td>
<td>RELAX! ITS ONLY A CRISES</td>
<td>D. ZIDAR</td>
<td>945-3</td>
<td>30</td>
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<tr>
<td>10</td>
<td>REMOVED: STRATEGIES FOR HOPE AND HEALING FOR YOUTH IN CARE</td>
<td>J. WARD</td>
<td>991-35</td>
<td>30</td>
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<tr>
<td>11</td>
<td>ADOLESCENT DEVELOPMENT AND CULTURE: FINDING BEAUTY IN THE BEAST</td>
<td>S. COOK</td>
<td>923-79</td>
<td>30</td>
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</table>
# 2019 Fifteenth Annual North Central Ohio RTC Caregiver Training Conference

**Navigating to the F.U.T.U.R.E.**  
Crowne Plaza Cleveland South  
5300 Rockside Road, Independence, OH 44131

**Friday, May 31, 2019**  
**Time: 9:00AM – 12:00PM**

**Morning Session (Select One)  
Credit Hours: 3**

<table>
<thead>
<tr>
<th>Class</th>
<th>Title</th>
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<th>Limit</th>
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<tbody>
<tr>
<td>12</td>
<td>Caution, Stop, and Yield: Signs and Symptoms of Mental Health Disorder</td>
<td>K. Terry</td>
<td>995-49</td>
<td>30</td>
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<tr>
<td>13</td>
<td>The Importance of Working with Primary Families</td>
<td>V. Larkin</td>
<td>928-25</td>
<td>30</td>
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**Afternoon Session (Select One)  
Credit Hours: 3**

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<tr>
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<th>Limit</th>
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<tbody>
<tr>
<td>14</td>
<td>Peeling Back the Layers: Seeing Past Our Children’s Defense</td>
<td>B. Philley</td>
<td>952-13</td>
<td>30</td>
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<tr>
<td>15</td>
<td>Promoting Stability</td>
<td>V. Larkin</td>
<td>952-22</td>
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**Full Day Session  
Credit Hours: 6**

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<tr>
<td>16</td>
<td>Interventions for Children Who Have Suffered Trauma</td>
<td>D. Zidar</td>
<td>923-29</td>
<td>30</td>
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<tr>
<td>17</td>
<td>When Life Isn’t Fair: Childhood Loss, Separation, and Grief</td>
<td>E. Smiley</td>
<td>995-72</td>
<td>30</td>
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<tr>
<td>18</td>
<td>Parenting the Love and Logic Way: An Introduction</td>
<td>V. Lester</td>
<td>305-55-NOS</td>
<td>30</td>
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**Evening Session (Select One)  
Credit Hours: 3**

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<tr>
<th>Class</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>19</td>
<td>It’s Not the Brady Bunch: Family Effects of Addiction</td>
<td>B. Bethel</td>
<td>988-16</td>
<td>30</td>
</tr>
<tr>
<td>20</td>
<td>Taking Care of the Caregiver: Time and Stress Management</td>
<td>B. Philley</td>
<td>989-58</td>
<td>30</td>
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<tr>
<td>21</td>
<td>Moral Development</td>
<td>D. Zidar</td>
<td>941-7</td>
<td>30</td>
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<tr>
<td>22</td>
<td>Wounded Child, Healing Home: The Impact of Parenting Traumatized Child on the Adoptive or Foster Family</td>
<td>A. Bagley</td>
<td>948-9</td>
<td>30</td>
</tr>
<tr>
<td>23</td>
<td>Normalcy and the Reasonable and Prudent Parent Standard</td>
<td>J. Callahan</td>
<td>923-77-S</td>
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## 2019 FIFTEENTH ANNUAL NORTH CENTRAL OHIO RTC CAREGIVER TRAINING CONFERENCE

**NAVIGATING TO THE F.U.T.U.R.E**
Crowne Plaza Cleveland South  
5300 Rockside Road, Independence, OH 44131  
**SATURDAY, JUNE 1, 2019**

### MORNING SESSION (SELECT ONE)
**CREDIT HOURS: 3**  **TIME: 9:00AM – 12:00PM**

<table>
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<tr>
<th>CLASS</th>
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<th>INSTRUCTOR</th>
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<td>24</td>
<td>MOOD DISORDERS AMONG CHILDREN AND ADOLESCENTS: DIAGNOSIS AND TREATMENT</td>
<td>S.SIMERA</td>
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<td>A.BUCKALEW</td>
<td>923-83</td>
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### AFTERNOON SESSION (SELECT ONE)
**CREDIT HOURS: 3**  **TIME: 1:00PM – 4:00PM**

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<tr>
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<tr>
<td>26</td>
<td>GAP: TRANSITIONING FROM FOSTER CARE TO ADOPTION</td>
<td>A. BUCKALEW</td>
<td>948-19-GAP</td>
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<td>CONNECT: SUPPORTING CHILDREN EXPOSED TO DOMESTIC VIOLENCE</td>
<td>M.BELL</td>
<td>993-1</td>
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### FULL DAY SESSIONS
**CREDIT HOURS: 6**  **TIME: 9:00AM – 4:00PM**

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<tr>
<td>28</td>
<td>PARENTING EMOTIONAL INTELLIGENCE HOW TO RAISE A HAPPY, RESPONSIBLE, SOCIALLY-SKILLED KIDS</td>
<td>K. LANGLEY</td>
<td>941-5</td>
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<td>29</td>
<td>THE FIVE LOVE LANGUAGES OF TEENS</td>
<td>J.WARD</td>
<td>925-71</td>
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<td>LESSONS FROM THE LIFE OF A TRANSRACIAL ADOPTEE: WHAT EVERY PARENT</td>
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WELCOME ADDRESS

Armond Budish, Executive, Cuyahoga County

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YOUR IMPACT SECURES THE FUTURE

DR. MARTINA MOORE
MCMS, INC. PRESIDENT & CEO


CONTENT: This workshop will address the positive impact that caregivers have on the children and families they serve. The presenter will address how this career can be faced with few positive rewards initially, but emphasizing the long-term positive outcomes that caregivers sometimes never get to realize.

REGISTRATION:  Limited to 175

**NOTE: The keynote address will be videotaped. All participants who attend the keynote session must sign a mandatory Video Release Consent Form at the registration table upon check-in. Participants who do not consent to being videotaped will not be permitted to attend the keynote session.**

PARTICIPANTS MUST ATTEND ALL PRESENTATIONS ABOVE TO RECEIVE TRAINING CREDIT FOR THURSDAY MORNING.

REGISTRATION FOR THE MORNING SESSIONS INCLUDE LUNCH.
SESSION #2 GAP: NORMALCY FROM A PERSONAL PERSPECTIVE

MS. AMANDA DAVIS E-TRACK ID # 941-52-GAP REGISTRATION: LIMITED 30

CONTENT: This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster youth, will encourage conversation and sharing of how certain experiences are vital for foster youth to obtain skills, knowledge, and supports necessary for adulthood.

SESSION #3 FAMILY SEARCH AND ENGAGEMENT: WHAT EVERY FOSTER PARENT SHOULD KNOW

MS. KATHLEEN TERRY E-TRACK ID # 949-56 REGISTRATION: LIMITED 30

CONTENT: This three-hour training for foster caregivers will provide an overview of Family Search and Engagement: what it is, background information, legislation and rules regarding family search and engagement, the value of family search for children in out-of-home care, and ways the alternative caregiver can support these activities.

SESSION #4 WHAT IT MEANS FOR OHIO FAMILIES AND WHY YOU SHOULD CARE

MS. DOT ERICKSON-ANDERSON E-TRACK ID # 949-56 REGISTRATION: LIMITED 30

CONTENT: This workshop will help individuals gain an understanding of the FFPSA legislation which is driving a potential change in how services are delivered within the child welfare system. Adoptive, Foster, Kinship and Primary Families will help unpack the opportunities and challenges faced by families, children and young adults. It will explore the needs felt by parents and how they can give input and influence the change.

SESSION #5 THE BROKEN BOND: AN OVERVIEW OF ATTACHMENT ISSUES

DR. BRIAN BETHEL E-TRACK ID # 924-13 REGISTRATION: LIMITED 30

CONTENT: It is in the earliest years of life that children undergo a number of developmental changes that help to shape their understanding of the world. Unfortunately, for some children these milestones are sometimes interrupted or delayed by external factors, such as child abuse, neglect, or injury. For children with attachment issues, the ability to achieve these developmental milestones can be extremely challenging. Likewise, families who are faced with a child with poor attachment may at times find these challenges insurmountable. This workshop will provide an overview of the continuum of attachment issues, including the clinical diagnosis of Reactive Attachment Disorder (RAD). Additionally, information on the suspected causes, epidemiology, and treatment strategies for the disorder will be highlighted.

SESSION #6 UNDERSTANDING AND MANAGING THE STRESS OF CAREGIVING

MS. KAREN VADINO E-TRACK ID # 989-65 REGISTRATION: LIMITED 30

CONTENT: One of the ways substance abuse affects the children in our care and the families who care for them is stress. This workshop is designed to help foster parents recognize the stress involved in caring for children of addicted birth parents. Participants will become aware of their own stress levels and discover some healthy and effective methods to reduce their stress.
SESSION #7: CRISIS INTERVENTION FOR CHILDREN AND ADOLESCENTS

MS. KARLA MCDAY  E-TRACK ID #: 925-141  REGISTRATION: Limited to 30

CONTENT: This three-hour training will assist foster parents in identifying and understanding acting-out behaviors, learning therapeutic approaches to dealing with children and adolescents who are in crisis, and employing techniques to prevent and manage negative behaviors and crisis situations.

SESSION #8: CHILDHOOD DEPRESSIVE DISORDERS: SEARCHING FOR HAPPILY EVER AFTER

DR. BRIAN BETHEL  E-TRACK ID #: 995-83  REGISTRATION: Limited to 30

CONTENT: What do great child welfare teams and successful football teams have in common? They often go through the same stages when it comes to building a successful team. We will discuss the four stages of team building, the eight characteristics of effective teams, and the differences between groups and teams; and we will learn how to best serve children within a team approach.

SESSION #9: RELAX IT'S ONLY A CRISIS

MR. DAVID ZIDAR  E-TRACK ID #: 945-3  REGISTRATION: Limited to 30

CONTENT: Foster parents will learn the stages and patterns of a crisis. Participants will learn ways to manage their own behavior to improve outcomes. They will also learn professional use of their own patterns of crisis, as well as those of their families.

SESSION #10: REMOVED: STRATEGIES FOR HOPE AND HEALING FOR YOUTH IN CARE

MR. JOHN WARD  E-TRACK ID #: 991-35  REGISTRATION: Limited to 30

CONTENT: Humor and laughter are essential ingredients for healthy selves and healthy relationships. Understanding and accepting ourselves can provide a bridge to connecting with others. Laughter and humor impact our lives in many ways. This workshop will explore that impact and provide opportunities for us to examine our own sense of humor. We will determine strategies for adding more humor into our lives.

SESSION #11: ADOLESCENT DEVELOPMENT AND CULTURE

MS. SEANINE COOK  E-TRACK ID #: 923-79  REGISTRATION: Limited to 30

CONTENT: Parenting adolescents can be a challenge. This training will help you understand them and the characteristics of their adolescent culture, along with the trends that make it unique when compared to other populations. This training will identify the stages of adolescent development and strategies to parent the adolescent in your life.
CONFERENCE COURSE DESCRIPTIONS:

FRIDAY - MAY 31, 2019  MORNING SESSIONS  9:00AM - 12:00PM

SESSION #12: CAUTION, STOP, AND YIELD: SIGNS AND SYMPTOMS OF MENTAL HEALTH DISORDER
MS. KATHLEEN TERRY  E-TRACK ID #: 995-49  REGISTRATION: Limited to 30

CONTENT: This three-hour training will provide an overview of the four most commonly diagnosed mental health disorders for children who have experienced abuse or neglect - Reactive Attachment Disorder, Attention Deficit/Hyperactivity Disorder, Oppositional Defiant Disorder, and Post Traumatic Stress Disorder. Parents will learn some simple interventions they can use to help these children.

SESSION #13: THE IMPORTANCE OF WORKING WITH PRIMARY FAMILIES NEW
MS. VIOLA (VAL) LARKIN  E-TRACK ID #: 923-37  REGISTRATION: Limited to 30

CONTENT: This workshop will assist foster and kinship caregivers in learning about childhood development and how planned, developmentally appropriate activities can help delayed children catch up to their peers. Caregivers will learn normal developmental stages and will practice activities that can enhance their parent-child bonding with a child of any age. A discussion of barriers to planned activities will also be included.

FRIDAY - MAY 31, 2019  AFTERNOON SESSIONS  1:30PM - 4:30PM

SESSION #14: PEELING BACK THE LAYERS: SEEING PAST OUR CHILDREN'S DEFENSE
MS. BETH PHILLEY  E-TRACK ID #: 952-13  REGISTRATION: Limited to 30

CONTENT: This three-hour class will assist foster parents in learning about defense mechanisms: how and why they are formed, who uses them, and how they affect relationships. Participants will leave the class with strategies to help them see past the defense mechanisms their children may be using, to be able to see the wonderful children underneath. In addition, parents will learn how to help their children use more healthy/mature defense mechanisms.

SESSION #15: PROMOTING STABILITY
MS. VIOLA (VAL) LARKIN  E-TRACK ID #: 952-22  REGISTRATION: Limited to 30

CONTENT: This workshop will discuss the causes of placement disruption, as well as strategies for promoting placement stability. Caregivers will also gain a better understanding of their role in placement decisions and development of skills determining appropriate placements in their homes.

FRIDAY - MAY 31, 2019  FULL DAY SESSIONS  9:00AM - 4:30PM

SESSION #16: INTERVENTIONS FOR CHILDREN WHO HAVE SUFFERED TRAUMA
MR. DAVID ZIDAR  E-TRACK ID #: 923-29  REGISTRATION: Limited to 30

CONTENT: Children in foster care have a vastly higher rate of trauma than their non-foster peers. Some estimates are that 51% of the children in care suffer Post-Traumatic Stress Disorder. All adults in these children's lives must have an understanding of the role trauma plays in their behavior and achievement of developmental milestones. Participants need to understand that the impact of trauma is idiosyncratic - each child will manifest it differently. Participants will learn ways to help improve functioning, as well as how to work with the mental health system discussed. Participants will gain knowledge of how to prevent and handle allegations against their homes.
SESSION #17: WHEN LIFE ISN'T FAIR: CHILDHOOD LOSS, SEPARATION, AND GRIEF

DR. ALVIS (EUGENE) SMILEY  E-TRACK ID #: 995-72  REGISTRATION: Limited to 30

CONTENT: This workshop takes a look at the impact and resolution of various losses sustained in childhood. Participants will consider losses experienced by children as they move from one home setting to another (birth to foster, and/or foster to birth, and/or foster to adoptive), and the impact such transitions have on the child relative to separation anxiety and difficulty in making new attachments while grieving the loss of previous ones. Participants will be able to recognize symptoms and behaviors related to separation, and come to a greater understanding of loss and grief in children, the power of good support, and resiliency. Foster and adoptive parents will explore practical techniques that are useful in helping a child work through the loss, separation, and grief related to multiple transitions in placement.

SESSION #18: PARENTING THE LOVE AND LOGIC WAY: AN INTRODUCTION

MS. VIRGINA LESTER  E-TRACK ID #: 305-55-NOS  REGISTRATION: Limited to 30

CONTENT: Love and Logic is a way of working with children that puts the caregiver back in control, teaches children to be responsible, and prepares young people to live in the real world, with its many choices and consequences. Participants will be introduced to the love and logic philosophy and simple practical parenting techniques that emphasize respect and dignity for children.

*JOINT CLASS WITH STAFF*

SESSION #19: IT'S NOT THE BRADY BUNCH: FAMILY EFFECTS OF ADDICTION

DR. BRIAN BETHEL  E-TRACK ID #: 988-16  REGISTRATION: Limited to 30

CONTENT: State child welfare records indicate that substance abuse is one of the top problems exhibited by families referred to their agencies. It is estimated that 6.6 million children in the United States are living in a home with a parent who has alcohol or drug issues. These children confront numerous physical, mental, and emotional health problems as a result of a parental addictive pattern. Each family member plays an integral role in the addictive family pattern. This three-hour workshop will address the various psychological and behavioral problems that children from addictive families may exhibit. Participants will be provided with the behavioral characteristics of addictive homes, personality roles of the addictive family, and interventions for working with children from addictive homes.

SESSION #20: TAKING CARE OF THE CAREGIVER: TIME AND STRESS MANAGEMENT

MS. BETH PHILLEY  E-TRACK ID #: 989-58  REGISTRATION: Limited to 30

CONTENT: This three-hour class will help foster and adoptive parents learn how to care for themselves both during and after placements. Skills learned will include identifying stress triggers, avoiding chronic stress, managing time effectively, and locating local resources.

SESSION #21: MORAL DEVELOPMENT

MR. DAVID ZIDAR  E-TRACK ID #: 941-7  REGISTRATION: Limited to 30

CONTENT: Foster parents and caseworkers often are the only consistent people in a child's life. Children look to these adults as models for what is right and wrong. A clear framework for assessing and developing moral problem-solving skills is critical for all adults who interact with children. This class will provide a well-researched model for moral development and discuss factors in children's moral development. It will also identify some red flags in relation to moral development. Participants will learn "fun" activities that will help to jump-start moral development in children.
SESSION #22: WOUNDED CHILD, HEALING HOME: THE IMPACT OF PARENTING TRAUMATIZED CHILDREN ON THE DOPTIVE OR FOSTER FAMILY

MS. ANN BAGLEY E-TRACK ID #: 948-9 REGISTRATION: Limited to 30

CONTENT: When a child enters a foster or adoptive home following a history of abuse, neglect, and trauma, the family will be transformed. Most often, this transformation is positive for all in the family; but occasionally the transformation is not positive, and the issues and challenges of maintaining the child in the home seem insurmountable. This interactive workshop addresses key issues: What does a traumatized child look like? What behavioral challenges do parents face most often? What really does happen to the foster/adoptive family? This workshop tackles tough and realistic issues faced by families but not often recognized by the professionals who work with them.

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SESSION #23: NORMALCY AND THE REASONABLE AND PRUDENT PARENT STANDARD

MR. JAMOLE CALLAHAN E-TRACK ID #: 923-77-S REGISTRATION: Limited to 30

CONTENT: This three-hour training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.

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SESSION #24: MOOD DISORDERS AMONG CHILDREN AND ADOLESCENTS: DIAGNOSIS AND TREATMENT

MS. STACY SIMERA E-TRACK ID #: 992-25 REGISTRATION: Limited to 30

CONTENT: The purpose of this three-hour course is to educate foster parents and other caregivers on the diagnosis and treatment of child and adolescent mood disorders. Diagnostic and Statistical Manual of Mental Disorders-Fifth Edition (DSM-V) diagnostic criteria and evidence-based treatment practices will be of primary focus.

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SESSION #25: HELPING CHILDREN PROCESS THEIR WORLD: SENSORY PROCESSING ISSUES IN CHILDREN

MS. ANGELA BUCKALEW E-TRACK ID #: 923-83 REGISTRATION: Limited to 30

CONTENT: Sensory processing sensitivities may arise in children when they experience trauma, a change of environment or routine, or during a heightened emotional period of time. This training covers competencies in sensory processing to be able to define and promote a healthy transition and well-being of the child and family involved throughout each step of the foster care and adoption process. This training session provides educational and engaging opportunities for foster and adoptive parents to become knowledgeable about various types of sensory processing disorders, manage episodes of behaviors caused by increased or decreased environmental stimulation, and participate in hands-on activities in preparation for deterring negative behaviors during future at-risk scenarios.
SESSION #26: GAP: TRANSITIONING FROM FOSTER CARE TO ADOPTION

MS. ANGELA BUCKALEW          E-TRACK ID #: 948-19-GAP          REGISTRATION: Limited to 30

CONTENT: This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster and adopted child, will encourage conversation and sharing of experiences surrounding transitioning from foster care to adoption.

SESSION #27: CONNECT: SUPPORTING CHILDREN EXPOSED TO DOMESTIC VIOLENCE

MS. MICHELE BELL          E-TRACK ID #: 993-1          REGISTRATION: Limited to 35

CONTENT: Foster Parents will learn basic dynamics of domestic violence and its impact on children who have been exposed to the violence. Specific needs of children who've been exposed to domestic violence will be presented, along with recommendations for responding effectively to some of those needs. Foster Parents will also learn ways to promote resiliency in children who have been exposed to domestic violence, and to support the development of their positive coping strategies.

SESSION #28: PARENTING EMOTIONAL INTELLIGENCE HOW TO RAISE A WOUNDED CHILD

MS. KIMBERLY LANGLEY          E-TRACK ID #: 941-5          REGISTRATION: Limited to 30

CONTENT: A growing body of research has made a compelling case that emotional intelligence is more predictive of success in most arenas of life than either high IQ or obvious talent. We'll look at the basic principles of emotional intelligence, as shared with kids by skillful parents, and show parents how to use these principles to raise socially skilled, responsible, and self-disciplined children. This workshop offers practical strategies that have been field-tested for everyday issues, including school situations, peer pressure, fights with friends and siblings, and impulsive behavior. In addition, the research of John Gottman on the differences between emotion-coaching and emotion-dismissing parents is a real eye-opener! Parents will learn how to coach children during a crisis, help them stay calm and become more self-aware, and learn how to think in a sharing, caring, problem-solving family. These are exciting new techniques especially useful for the parents of school-aged children and adolescents, although some examples involve preschoolers.

SESSION #29: THE FIVE LOVE LANGUAGES OF TEENS

MR. JOHN WARD          E-TRACK ID 925-71          REGISTRATION: Limited to 30

CONTENT: Every day, teenagers face a variety of pressures and stresses from their peers - socially, mentally, and spiritually. Despite these peer pressures, it is still parents who can influence teens the most. Based on the work of Dr. Gary Chapman in the book, The Five Love Languages of Teens, this class explores the world in which teenagers live, explains developmental changes, and provides tools to help you identify the love language of your teen, and appropriately communicate with your teen in his/her unique love language. As a participant, you will get practical tips on loving your teen effectively, and explore key issues in your teen’s life, including anger and independence. Finally, you’ll learn how to set boundaries that are enforced with discipline and consequences, and discover useful ways for the difficult task of loving when your teen fails.
SESSION #30: LESSONS FROM THE LIFE OF A TRANSRACIAL ADOPTEE: WHAT EVERY PARENT

MR. KEVIN HOFMANN         E-TRACK ID 981-31         REGISTRATION: Limited to 30

CONTENT: Kevin Hofmann, foster care alum and adoptee, offers his unique viewpoint as a transracially adopted child. He shares his experiences related to developmental stages of racial awareness and identity, and what he needed to prepare him for the racism he would experience in childhood. Kevin shares what his parents did right and what he believes they could have done differently to help him. Kevin also shares how exposure to his culture of origin helped him navigate in adulthood through a racially conscious world. The workshop also provides research-based strategies for families to help children identify, understand, and manage racial prejudice.

REGISTRATION INFORMATION

INSTRUCTIONS: CCDCFS participants’ registration MUST BE completed by using the new E-Track system and following the standard registration procedures. Instructions for registering through the new E-Track system can be found on the next page. Non-CCDCFS participants must contact their agency representative to register for classes.

REGISTRATION DEADLINE: Registrations must be received no later than Friday, May 24, 2019. Registrations will not be accepted after this date. Registration for this conference is on a first come first serve basis. REGISTER EARLY!

NOTE: Participants ARE NOT required to attend training workshops each day. Only register for those workshops which meet your scheduling needs. Each training session time frame has multiple classes being offered at the same time. Please select only one class per session time frame to ensure that each participant is not registered for two classes simultaneously.

Private networks please send your registration form to Nefertiti.Mckinney@jfs.ohio.gov, Katrina.Leonard–Pritchett@jfs.ohio.gov, and Amanda.Aliff@jfs.ohio.gov

Reminder: REGISTRATION FOR THE MORNING SESSIONS INCLUDE LUNCH.
E-Track Enrollment Steps

In your Internet browser, navigate to:  https://e-track.teds.com/EveryOne/TEDSEveryOne.jsp

Log into E-Track using your E-Track login ID and password*

Copy and paste (or retype) the appropriate E-Track Learning Number from within the RTC calendar you were provided into the "What Would You Like to Learn Today" section on your E-Track dashboard, check the "Code" radio button beneath that, and click the orange "FIND IT" button to the right:

On the resulting page, click "Enroll or View Available Dates for this Learning" from the left-side menu:

In the resulting list of sessions, click the Enroll icon to the far left of the session in which you wish to enroll.

If you see a message like the one below, you are now enrolled and should receive an emailed enrollment confirmation within 24 hours:

If you receive a message that you are attempting to enroll into a restricted registration session or outside the registration window, contact your RTC.

Your E-Track login ID is your two-digit birth month, followed by your two-digit birth day, followed by the first initial of your legal first name, followed by the first five letters of your legal last name (substitute zeros if less than five), followed by the number 1. It will ALWAYS be a total of 11 characters.

For example: Elizabeth Smith who was born on April 3rd would have a user ID of 0403ESMITH1. Your default password is either identical to your login ID or your full last name--try one then the other.
The Conference Planning Committee would like to thank our caregivers, Professional Learning and Development Department staff, volunteer staff, and community partners for their commitment and dedication to making our 15th annual caregiver training conference a success!
DIRECTIONS AND PARKING
THURSDAY, MAY 30, 2019 - SATURDAY, JUNE 1, 2019

CROWNE PLAZA, CLEVELAND—SOUTH
5300 Rockside Rd,
Independence, OH 44131

From the Airport…..
Take I-480 East to I-77 South. Take Exit 155 - Rockside Road toward Independence/Seven Hills. Turn right onto Rockside Road and immediately get into the far left hand lane. Turn left at the first light next to the BP Gas Station onto Summit Drive. The entrance to the training center is the first drive on the left. Crowne Plaza Cleveland South - Independence is located up the hill behind the BP Gas Station.

From Southside of Cleveland….. Take I-77 North to Exit 155 - Rockside Road toward Independence/Seven Hills. Turn left onto Rockside Road and immediately get into the far left hand lane. Turn left at the first light next to the BP Gas Station onto Summit Drive. The entrance to the training center is the first drive on the left. Crowne Plaza Cleveland South - Independence is located up the hill behind the BP Gas Station.

From Eastside of Cleveland…..
Take I-480, I-80, or I-90 to I-77 South. Take Exit 155 - Rockside Road toward Independence/Seven Hills. Turn West onto Rockside Road and immediately get into the far left hand lane. Turn left at the first light next to the BP Gas Station onto Summit Drive. The entrance to the training center is the first drive on the left. Crowne Plaza Cleveland South - Independence is located up the hill behind the BP Gas Station.

From Westside of Cleveland…..
Take I-480 East or Jennings Freeway/OH 176 South to I-77 South. Take Exit 155 - Rockside Road toward Independence/Seven Hills. Turn right onto Rockside Road and immediately get into the far left hand lane. Turn left at the first light next to the BP Gas Station onto Summit Drive. The entrance to the training center is the first drive on the left. Crowne Plaza Cleveland South - Independence is located up the hill behind the BP Gas Station.

PARKING AND ACCESSIBILITY
Accessibility: The Crowne Plaza Cleveland South is handicap accessible from the main parking lot located at the front entrance of the building. Restrooms are located on the main level and are also handicap accessible.
Parking: Convenient parking is available in the lot adjacent to the hotel. Parking is on a first come first serve basis.